

# LAUREL

TO FOSTER AND RECOGNIZE LEADERS AND SUPPORT LEADERSHIP COMMITMENT

Edited by: Brie Dunn

## WELCOME BACK!

Written By: Janelle Sabo, President

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Phi Lambda Sigma Colleagues:

Earlier this year at the 2007 Phi Lambda Sigma House of Delegates, we outlined our goals for 2007 and some ideas about how to meet those goals. Here's a recap:

### Goals for 2007

1. Learn about leadership from others and their experiences.
2. Define a strategic plan for Phi Lambda Sigma. Define specific actions for the next 12 months, 1-3 years, 3-5 years and 5 years and beyond to ensure the organization achieves its mission, goals and objectives long term.
3. Increase involvement
  - a. Increase by 10% the number of submissions for awards
  - b. Increase participation in the Leadership Challenge by 10%
  - c. Involve alumni

### Ideas to Achieve Goals

1. Incorporate shared learning on leadership into chapter meetings or brown bag luncheons. Invite alumni and other community leaders to your chapter to learn about their leadership experiences.
2. Executive committee will define and propose a strategic plan. Chapters will review during the fall session. House of Delegates will review and approve the strategic plan at the 2008 HOD.
3. Encourage chapters to submit nominations for awards.
4. Encourage chapters to find one way to involve alumni.

As your chapter prepares for 2007-2008, consider how your chapter will meet these goals and we, as an executive committee, can help you to meet these goals.

Warm regards and many thanks for your continued leadership in the profession of pharmacy.

*Janelle Sabo*

## LOOK

## INSIDE

To see if your  
Chapter is in the  
spot-light!

## PLS STRATEGIC PLANNING MEETING: ACTION LIST

The Executive Committee met over the summer to plan for the future of PLS. Here is an action list of our goals and initiatives for this year. For a complete list please visit our website:

[www.philambdasigma.org/strategicplan.htm](http://www.philambdasigma.org/strategicplan.htm)

- Encourage chapters to utilize the annual chapter report to communicate contact information for their officers to the National Office.
- Partner with other organizations on leadership development opportunities
- Provide new schools and schools without PLS chapters a PLS leadership presentation to be delivered by a faculty member or visiting PLS member. Presentation will be available on the PLS website.
- Support a presence at the AACP annual meeting via an advisor workshop.
- Continue the regional liaison program and collect feedback from chapters and liaisons regarding potential improvements and areas to be addressed using this program.
- Increase Leadership Challenge grant submissions by 10% per year. Increase 10% each year until 50% of chapters participate in the Leadership Challenge.
- Assess the website discussion board as a viable resource for member interaction.
- Assess the utilization of My Space, Face Book to reach out to PLS members.
- Increase submissions for the following awards 10% per year. Increase 10% each year until 50% of chapters submit the following awards. Awards: Chapter of the Year, Advisor of the Year, and Alumni of the Year (Chapter Level Award)
- Establish criteria and begin recognition of PLS Fellows.
- Refine the AFPE Award to include the requirement of a leadership research project that would have a tangible benefit to chapters and members of PLS. Consider increasing the scholarship from \$7,500 to \$10,000; PLS could provide up to \$5,000.
- Add \$10,000 to cash reserve per year until 1 year operating expenses is available in the cash reserves.
- Explore cost and funding for national office.
- Develop proposal for a pilot program to conduct a Young Pharmacist Leadership Development Program. Propose 2 states to conduct the pilot program.

### Join the Phi Lambda Sigma FaceBook Page

A FaceBook page for Phi Lambda Sigma members across the nation is now available ([www.facebook.com](http://www.facebook.com)). Please register for the site and create the opportunity to share ideas and stories of leadership with other PLS members and National Officers. This is also a great resource for questions you may have about your chapter or PLS in general.

## MEET YOUR 2007-2008 REGIONAL LIAISONS

### Phi Lambda Sigma Regional Liaisons

- Region 1 Wendy Marek Beta Psi, Wilkes University
- Region 2 Matt Sapko Beta Delta, University of Pittsburgh
- Region 3 Dana Pompey Beta Chi, Medical University of South Carolina
- Region 4 Lisa Carpenter Chi, University of Kentucky
- Region 5 Jodie Flaherty Alpha Mu, Creighton University
- Region 6 Lisa Savage Chi (Alumna), University of Kentucky
- Region 7 Seth Housman Alpha Upsilon, Drake University
- Region 8 Lam Nguyen Alpha Xi, University of Colorado

## PLS CHAPTER SPOT-LIGHTS

### Alpha Xi (University of Colorado)

In 2006, 17 members were accepted into Alpha Xi Chapter. PLS members worked on several projects throughout the year which included hosting a residency panel with representatives from all residency programs from the Denver-Colorado Springs area, mentoring with the Colorado Pharmacists Society, and providing brunch to all the School of Pharmacy faculty and support staff. One of the biggest challenges facing the pharmacy profession with respect to universities is a lack of awareness about the scope of pharmacy practice and its many career options. To increase awareness of the pharmacy profession, all chapter members educated Pre-Health and Pre-Pharmacy groups about the profession of pharmacy, the admissions process, and "life as a pharmacy student". Additionally they participated in panels with other health care professions and provide information tables in common student areas.

### Beta Delta (University of Pittsburgh)

[www.pitt.edu/~sorc/pls](http://www.pitt.edu/~sorc/pls)

In 2007, 15 students were inducted into the Beta Delta Chapter. This year we made a point to acknowledge each individual member's strengths and weaknesses to allow everyone in our chapter to combine efforts towards a focused mission. Among all of our activities we grew stronger not only as individuals but as professionals as well. This was done by promoting different leadership styles, creating unique experiences towards reaching activity goals, collaborating with faculty mentors, and by fostering a fraternal and honorary spirit among chapter member's. Activities included a P1 orientation, a leadership retreat, PLS Auction and CV workshop.

### Gamma Zeta (Palm Beach Atlantic School of Pharmacy)

The Gamma Zeta Chapter was chartered on April 26, 2006. In 2007, 12 new members were inducted. As a recipient of the PLS New Chapter Grant, members organized a statewide grassroots effort that involved all schools of pharmacy in the State of Florida to aid the efforts of the State organization. The project involved collecting over 2000 signatures from the public stating their support of a bill to allow pharmacists to immunize. A combined effort of forces aided the passing of this dramatic change for our profession. Our efforts included not only collecting signatures, but also coordinating efforts with the other schools, opening a call center to allow and encourage people to contact their state representatives, sending emails to elected officials and calling/ emailing the office of the Governor.

### Beta Pi (Texas Tech University Health Sciences Center)

<http://student.ttuhscc.edu/PhiLambdaSigma>

The Beta Pi Chapter acknowledged the leadership achievements of student pharmacists at TTUHSC by awarding membership to 10 students at the 2007 Induction Ceremony. Our goals this past year were to motivate others and to facilitate opportunities to serve in leadership roles as students of pharmacy. We worked to accomplish these goals by organizing several mentoring sessions for 1<sup>st</sup> and 2<sup>nd</sup> year students. PLS leaders were also integral in our school with our 2<sup>nd</sup> Annual Health Fair and Screening Event. There were major revisions for our Chapter Bylaws this year also, including adding an attendance policy to the guidelines for our organization. Members were involved in community service activities, which included cooking meals for the Ronald McDonald house, volunteering at one of the local hospitals, and participating in Habitat for Humanity.

Congratulations to our newest PLS chapter:

Northeastern University School of Pharmacy

Congratulations to Oregon State University on their Chapter Reactivation.

Wear your pin and encourage others to be leaders!

## PLS CHAPTER SPOT-LIGHTS (CONTINUED)

### Alpha Mu (Creighton University)

<http://pharmacy.creighton.edu/pls>

In 2006, 22 members were initiated into the Alpha Mu Chapter. This year's leadership challenge involved the planning of Operation MedWatch, which is a community outreach project designed to increase the leadership skills of current pharmacy students by engaging them in public presentations on medication safety. Prior to making presentations, pharmacy students attend a seminar on medication safety, patient counseling, public speaking, and media relations presented by PLS members. Other activities included organizing and hosting the Sherman-Steichen run, spending time volunteering at a local nursing home and selling t-shirts and scrubs. The Sherman-Steichen event had 175 participants and raised over \$3000 for the scholarship fund. We are proud to know that through months of hard work, the members of PLS have contributed to the Sherman and Steichen families, the pharmacy and physical therapy students, and the memory of Brett and Nick.

*Submit your Chapter Reports and your chapter activities will be highlighted in an upcoming issue of The Laurel!*

## CHAPTER OPERATIONS TO REMEMBER

- Submit your chapter report. Electronic submissions are accepted any time, however only those reports received by **July 31<sup>st</sup>** will be considered for the Chapter of the Year award. Please submit to the National Office at [eulerm@umkc.edu](mailto:eulerm@umkc.edu)
- Stay in contact with your Regional Liaison and the Executive Committee
- Update your chapter officer/advisor list with the National Office, every time there is a change
- Check out the PLS website for updates, forms, chapter information and important deadlines
- Notify National Office of appointment of Delegate and Alternate Delegate by **March 2008**
- Make plans to attend the APhA Annual Meeting in San Diego (March 2008)
- Establish permanent records of your current and past members, please include email and mailing addresses
- Have your chapter's website linked to the National PLS Website

## AWARDS & APPLICATIONS—IMPORTANT DEADLINES

Encourage your chapter to nominate students and practitioners for the available awards. Visit our website ([www.philambdasigma.org/awards.htm](http://www.philambdasigma.org/awards.htm)) to get detailed descriptions of each award and download the application materials. If you have any questions,

please contact us!

- Chapter Member of the Year—February 15
- Glaxo Wellcome-AFPE Graduate Scholarship—February 1
- Procter & Gamble National Leadership Award—January 31
- New Chapter Grant
- Founder's Award—January 31
- Outstanding Chapter Advisor Award—January 31
- Charlie Thomas Leadership Challenge Grant—January 31
- Regional Liaison Application—January 31

*If you have any pictures of PLS members from APhA-ASP Midyear Meetings, please send them to [dunnb@muscc.edu](mailto:dunnb@muscc.edu) so they can be added to the PLS website and included in upcoming issues of The Laurel.*

## NEW PLS CHAPTER ALUMNI OF THE YEAR AWARD

### Description

Applicants are sought annually for the Phi Lambda Sigma Chapter of the Year Award. This award is for an alumnus of Phi Lambda Sigma who has exemplified leadership qualities in support of the pharmacy profession.

### Criteria

The nominee must:

- 1) be a member of PLS
- 2) have a proven track record of servant leadership in any of the following areas; education, association work, community service, professional practice or mentoring

### Nomination Process

The nominator is responsible for completing the nomination form. The deadline for nomination materials is January 31 annually.

### Selection Process

The selection for the award is made by the Phi Lambda Sigma Awards committee based on careful review of complete nominations.

### Nature of Award

The individual chosen by the chapter for this award will be listed in the annual awards booklet at the awards event held in conjunction with the APhA annual meeting. In addition, the chapter will receive a certificate to present to the awardee. Finally, chapter awardees will also be considered for the Phi Lambda Sigma National Alumni of the Year Award if the chapter submits the nomination form for consideration. Please note that local alumni winners do not need to be alumni of the local chapter of Phi Lambda Sigma.

This award will be introduced at the annual dinner in 2008 and the program will begin in 2009.

*PLS is in the planning stages for the events to be held in conjunction with the APhA Annual Meeting in San Diego. Please watch the PLS web-site and the APhA registration/program materials for the schedule of our events. We are planning a reception, awards dinner and the House of Delegates. Hope to see*

## NEW PLS NATIONAL ALUMNI OF THE YEAR AWARD

### Description

Applicants are sought annually for the PLS Alumni of the Year Award. This award is for an alumnus of Phi Lambda Sigma who has exemplified leadership qualities in support of the pharmacy profession.

### Criteria

The nominee must:

- 1) be a member of PLS
- 2) be selected by a PLS Chapter as the Chapter's Alumni of the Year awardee
- 3) have a proven track record of servant leadership in any of the following areas; education, association work, community service, professional practice or mentoring
- 4) local alumni winners do NOT need to be alumni of the local chapter of PLS

### Nomination Process

The nominator is responsible for completing the nomination form and submitting the award nomination packet. The deadline for nomination materials is January 31 annually. The nomination packet is to include the following items:

- 1) nomination form
- 2) Short essay describing impact the nominee has had on the profession of pharmacy
- 3) Describe the 3 most important leadership attributes this individual exemplifies and why those attributes are important to the profession of pharmacy
- 4) CV or resume

### Selection Process

The selection for the award is made by the PLS Awards committee based on careful review of complete nominations

### Nature of Award

The recipient selected will receive an engraved plaque which is presented during the Phi Lambda Sigma awards event in conjunction with the APhA annual meeting. Additionally their name will appear on the perpetual plaque maintained at the PLS national office. The award recipient will be given the opportunity to make a brief address during the awards event.

This award will begin following the initiation of the Chapter Award in 2009.

**Register now for the 42nd ASHP Midyear Clinical Meeting in Las Vegas (Dec 2-6, 2007)**  
[www.ashp.org](http://www.ashp.org)

We're on the Web!

[www.philambdasigma.org](http://www.philambdasigma.org)

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### PLS Executive Committee at the 2007 HOD



Pictured from left to right: Janelle Sabo, Joey Mattingly, Brie Dunn, Keith Christensen, John Denio

**LAUREL SUBMISSION:  
PLEASE SUBMIT ANY ARTICLES TO  
DUNNB@MUSC.EDU**

### 2007-2008 PLS EXECUTIVE COMMITTEE

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