

Laurel

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PLS National

Officers

- Executive Director: Mary Euler, PharmD
- President: Cathy Worrall, PharmD
- President-elect: Cynthia Boyle, PharmD
- Immediate Past President: Leslie White, PharmD
- Speaker of the House: Lisa Savage, PharmD Candidate
- Member-at-large: Aleshea Schultz, PharmD Candidate
- Treasurer: Alan spies, RPh, JD, MBA
- Parliamentarian: Jeff Douglas, PharmD

PLS 2006 Chapter of the Year~How does your chapter apply? By: Aleshea Schultz, Member-at-Large

During the Phi Lambda Sigma Executive Committee Meeting in July, 2004, the committee made the decision to begin awarding a "Chapter of the Year" award in 2006. This award is meant to recognize an out-standing PLS chapter. The criteria for the award is listed below and should be sent to the national office by the specified date as the end of the year chapter report.

(Current year) [Officers \(required\)](#)
List Officer names, Titles, and contact information
(next year) [Officers \(required\)](#)
List Officer names, titles, and contact information
[Advisors \(required\)](#)
List Advisor name, title, and contact information
[Collegiate, Honorary and Faculty Member contact Information](#)
This information is for office use only and will not be considered in the presentation of the "Chapter of the Year" award.

[Induction Ceremony \(required\)](#)

This should include where the ceremony was held, the date, the number of students inducted and present, and list of all of the inductees, the name of the speaker, if one was present and a brief description of what the presentation was about.

[Student Inductees](#)

List student names and year in school

[Honorary Inductees](#)

List names and titles

Faculty Inductees

Alumni Inductees

[Chapter Activities \(required\)](#)

Activity

Date of Activity

Location

Number Present

Summary (must include the significance of the function)

Audience

[Leadership Challenge \(required\)](#)

Briefly describe your chapters

Leadership Challenge

Any chapter wishing to be

considered for the "PLS Chap-

ter of the Year Award" must complete and turn in a Leadership Challenge by the deadline.

[Individual Member Activities \(Honors/Awards/Accomplishments\)](#)

Member name

Activity or Office

Date of Activity

Brief Description of the Activity

or Office Responsibilities

[Website](#)

Phi Lambda Sigma strongly encourages each chapter to develop a chapter website. If you chapter has a website please send the web address and set up a link on your site to the PLS national web page. Your webpage link will also be posted on the national website.

If you have any questions about the new chapter report requirements and the "Chapter of the Year" award, please contact the National Office

Calling all Phi Lambda Sigma Alums!

If you live near a School or College of Pharmacy, contact the Chapter President or Advisor to learn how you can get involved. Student are always looking for leadership mentors and other support for their chapters. It's fun and worthwhile.

If the School or College near you does not have a chapter,

work with the National Office to help charter a [new chapter](#). Remember alumni members are welcome at all PLS events locally and nationally. Look for us at the APhA Annual meeting, APhA Mid-year meetings and the ASHP exhibits. If you would like to receive information and meeting announcements, please send

your contact information to the national office at eul-erm@umkc.edu or sign up on our listserv using the pull down menu "[Member/Guest sign-in](#)". All local chapters are encouraged to get alumni and practitioners involved in chapter activities as well.



Executive Committee Spotlight: Aleshea Schultz, PLS National Member-at-Large

Aleshea Elizabeth Schultz was born in Omaha, Nebraska, but was raised in Lexington, Kentucky. After graduating from Lexington Catholic High school, she attended the University of Kentucky studying pre-pharmacy. At UK she was member of Delta Delta Delta sorority and the Student Development Council. Upon completing two years of undergraduate work, she was accepted into the University of Kentucky College of Pharmacy class of 2006. She currently is a pharmacy intern with Rite Aid Pharmacy where she enjoys the company of everyone she works with, as well as helping each patient with their healthcare. Due to her interest in challenging the profession of pharmacy, Aleshea joined the Kentucky Alliance of Pharmacy Students which includes membership in APhA, KPhA, ASHP, KSHP, NCPA, APhA-ASP, and the ASHP Student Forum, and she was initiated

into Lambda Kappa Sigma in September of 2002. After completing her first year in pharmacy school, she wanted to become more involved in the profession. Aleshea was then elected the ASHP Student Chapter President-elect and the Lambda Kappa Sigma chaplain. Aleshea's leadership was recognized when she was given the honor of being inducted into Phi Lambda Sigma in Fall of 2003. After considering what a difference students can make in the profession of pharmacy, she decided to take her involvement to the national level. In the spring of 2004, during the APhA-ASP National Convention, she was elected into the office of Phi Lambda Sigma National Member-at-Large. As the PLS Member-at-Large, Aleshea is the editor of the national publication, the *Laurel*, and will publish an issue electronically every month. She also revised the PLS Chapter Activity

Guide, which is currently being sent to each chapter across the country. Through out the past three years, Aleshea has been given the opportunity to represent the University of Kentucky College of Pharmacy as an appointed member of the KPhA Professional Affairs Committee, attend the 5th Annual Cardinal Health Student Leadership Conference, attend the APhA-ASP Student Leadership Institute, serve as the ASHP Student Chapter President, coordinate a Student-Practitioner Mentor-Mentee Program, serve as a member of the Student Health Advisory Committee, and as the PLS local chapter historian. Through her participation in PLS and other professional organizations, Aleshea has discovered that sometimes what you learn outside the classroom is just as important as what you learn in the classroom.

*"I find that the harder I work, the more luck I seem to have."
~Thomas Jefferson*

PLS Chapter Spot-lights, By: Aleshea Schultz, Member-at-Large

Gamma Beta Chapter (Loma Linda University School of Pharmacy)

Members of this PLS chapter organized and participated in a Senior Health Fair provided by the county Health Department of Aging Services in California. These members took blood pressure readings, distributed the county's "Smart Card for Seniors", and assessed patients risks of diabetes. Working with the California Society of Health-System Pharmacists, this chapters Community Service Committee sponsored Toys for Tots, a toy drive for the Children's Cancer Ward at the Loma Linda Medical Center.

Alpha Phi Chapter (University of Minnesota)

Members of this PLS chapter helped plan their school's first "White Coat Ceremony". One member of this chapter spoke at this ceremony on professionalism and academics. This chapter also, as a part of their Leadership Challenge, held a program "Tools for Professionalism". This program offered a session on CV writing for the students and a workshop where students could learn more about Parliamentary and Robert's Rules to aid in professional organization activities.

Alpha Lambda Chapter (North Dakota State University)

Members of this PLS chapter sold raffle tickets for a semester pass located in the visitor parking pay lot. They also sold fleece pullovers with the College of Pharmacy logo, making a profit for their chapter. This chapter's vice-president published one issue of "The Script", the NDSU College of Pharmacy Student Newsletter each semester. Members also made a banner to celebrate National Pharmacy Week, which went very well. This chapter also sponsored a Salvation Army Angel Tree, where they set up a Christmas tree in the student lounge and fifty presents were returned for the children.

Remember to send your Chapter reports to the national office and maybe your chapter will be spotlighted in the next *Laurel*!



Executive Committee Spotlight: Lisa Savage, PLS National Speaker of the House

Lisa Savage is a 4th year PharmD Candidate at the University of Kentucky College of Pharmacy, who has definitely taken advantage of many of the opportunities presented to her during her time at the college. Originally from Cleveland, OH, she worked in biomedical research while obtaining her B.S. in biology at the University of Kentucky and preparing for a career as a physician. However, a summer job at a local pharmacy inspired her to change her career path. Lisa has immersed herself in several different professional experiences. She currently works as an intern at both CVS/Pharmacy in Lexington, KY, and at the University of Kentucky Markey Cancer Center. She is planning on pursuing a residency and is considering specializing in either

critical care or oncology. She has expanded her horizons within the college as well. As a member of the Kentucky Alliance of Pharmacy Students, she worked to establish the organization's website and publish its monthly newsletter, and has served as a committee head and last year's Corresponding Secretary. As a member of Phi Lambda Sigma, she serves on the Executive Committee as Speaker of the House, and is aiming to establish a comprehensive member database. And, despite being off-campus on clinical rotations this year, Lisa is still a very active member in Lambda Kappa Sigma. Over the past 4 years, she has devoted much of her efforts to the Alpha Nu Chapter by fundraising, recruiting new members and serving as a mentor to many little sisters,

as both Secretary and 1st Vice President. She received Alpha Nu's President's Award in 2003-04 and was the Ruth Davies Flaherty Service Award recipient this past year. Currently, Lisa is working to reactivate the Alpha Nu Alumni Chapter, and hopes to further promote sisterhood in the future as a member of the Executive Committee.

"Only those who risk going too far can possibly find out how far one can go."

~T.S. Eliot

Local Chapter Current Information

As many of you may know, one of our goals over the next year is to increase communication between the National PLS office and the local PLS chapters. Each chapter is separated by region and has an assigned National Officer to be used as a contact. Executive Committee members are trying to reach you to see how your chapter is doing this fall and to offer support. These people are also great resources of information if you or your chapter has any questions in regards to PLS. Have you been contacted by phone or e-mail by one of the national officers this semester? If not, we probably do not have contact information for you at the National Office.

Please help us update our chapter officer and advisor database by completing the "Advisor Profile Reporting Form" and "Notice of Election of Chapter Officers Form" and returning them to Mary Euler at the National Office. These forms can be downloaded from the forms page of the National Phi Lambda Sigma Website at www.philambdasigma.org. Also, for all members, please sign up under the member/quest sing-in on the website so we have your most up-to-date contact information. Thank you for helping us keep in touch with you! Please see the current assignments for each chapter's region.

**Region 1:
President**

**Region 2:
President**

**Region 3:
President Elect**

**Region 4:
President Elect**

**Region 5:
Speaker**

**Region 6:
Speaker**

**Region 7:
Member-at-large**

**Region 8:
Member-at-Large**

MRM 2004~ A wonderful Success! ~Aleshea Schultz, PLS National Member-at-large

This year at the APhA-ASP Mid-Year Regional Meeting, Phi Lambda Sigma was represented during the exposition and showcase. During the showcase each Phi Lambda Sigma member, if wearing their pin, would be given a PLS pen. Each booth was run by an Executive Committee member as well as some local chapter members that offered their help. A PLS member from the UK College of Pharmacy that helped out at the Region 4 booth had this to say, "Phi Lambda Sigma was well represented at Region 4's MRM. Students met and exchanged ideas and experiences from their respective chapters at the PLS booth. National and local chapter officers were able to answer questions of students who do not currently have PLS chapters at their schools. It was a great experience to be able to help out at the booth and hopefully inspire

students to foster and hone their leadership skills throughout the region."

Each student that visited the booth was able to have a PLS name tag holder as well as information about PLS. An executive member was available for any questions regarding the national office and even starting a new chapter. This year the exposition and showcase was a huge success for Phi Lambda Sigma, reaching many student chapters as well as encouraging up to 5 colleges of pharmacy to reactivate or start their own Phi Lambda Sigma Chapter.

Phi Lambda Sigma also tried something new this year and hosted a reception for PLS members. At this reception, students were able to eat free appetizers and have sodas, while getting a chance to get to know pharmacy PLS members from other colleges

of pharmacy. There were also prizes raffled off at this reception for students who visited the exposition booth earlier that day. According to Matt Martin, a third year pharmacy student from the University of Kentucky College of Pharmacy, "I thought it was very nice of PLS to host this event for its members. It was good for PLS to put its name out there with this type of event at an MRM. I had a lot of fun and hope that they continue to do this." For PLS, the reception and showcase were a great success and gave the national office a chance to get to know the local chapter students and answer any of their questions.

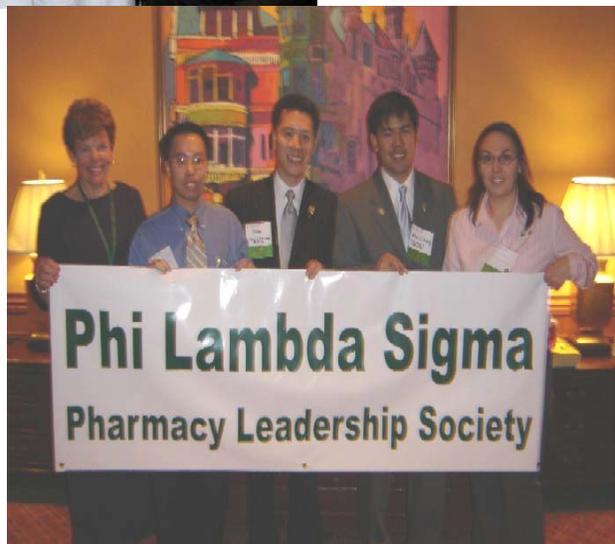
"Begin with the end in mind"

~Seven Habits of Highly Effective People



Region 3 PLS members enjoying themselves at the Phi Lambda Sigma Reception.

Region 2 PLS members with Cynthia Boyle, National PLS President-elect.



PLS National Awards

In the November and December Laurel's, there will be detailed information regarding the different awards that Phi Lambda Sigma offers.

Each chapter is strongly encouraged to nominate leaders for these awards, as well as participate in the Charlie Thomas Leadership Challenge.

Phi Lambda Sigma Chapter Member of the Year

The "Chapter Member of the Year" award is available to one member from each chapter on an annual basis. This individual is chosen by their respective chapter based on contributions to pharmacy leadership. This student should not only be involved in the Phi Lambda Sigma chapter, but other state, national, and local professional organizations as well. Although no formal nomination materials are required to be submitted to the national office, please fill in and return the form in order that your chapter recipient is eligible to receive an official certificate. It is not required that each chapter nominate a "Chapter Member of the Year", but is strongly encouraged.

Your chapter may present the certificate at any time throughout the year, however if the completed form is received by **February 15th**, the name of your recipient will be listed in the program of Phi Lambda Sigma events at the annual House of Delegates meeting. The nomination form may be downloaded from the national website at www.philambdasigma.org on the awards page or found in the PLS Chapter Activity Guide.

Phi Lambda Sigma National Pharmacy Leadership Society Founders' Award

Phi Lambda Sigma National Pharmacy Leadership Society is pleased to announce the Founder's Award for leadership. It is our mission "to foster and recognize leaders and to support leadership commitment". In keeping with this mission, it is our desire to reward leadership in a pharmacy student through provision of this cash award of \$500.00. One member from each chapter may be nominated. The nominee should be a member who has demonstrated exemplary leadership skills and service to the profession of pharmacy as well as serving as a mentor to others. This may be leadership in the profession of pharmacy and/or leadership in the community through pharmacy or philanthropic activities. Criteria:

- Phi Lambda Sigma member in good standing
- Only one nomination per chapter
- GPA minimum of 2.5 (on a 4.0 scale)
- Nomination Form complete
- 3 letters of recommendation, 1 from Dean or Chapter advisor, 1 from peer, 1 from someone that has worked with the student on a leadership project.

Deadline for completed nomination packets must be submitted to the PLS National office is **January 31st** annually. Presentation of the Award will be at the PLS Awards Luncheon in conjunction with the APhA Annual Meeting each Spring. Send nominations to: Mary Euler, PharmD Executive Director, Phi Lambda Sigma

102 Katz Pharmacy Building
5005 Rockhill Road
Kansas City, MO 64110-2499

Phi Lambda Sigma-Procter & Gamble National Leadership Award

Practitioner applicants are sought annually for the Phi Lambda Sigma National Leadership Award. This award sponsored by Procter and Gamble is given annually to an individual who has exemplified leadership qualities in support of the pharmacy profession.

The individual chosen must have a proven track record of servant leadership in any one or more of the following areas; education, association work, community service, professional practice or mentoring. The individual need not be a pharmacist or a current member of Phi Lambda Sigma. Honorary membership will be bestowed upon non-member recipients. The recipient would receive an engraved plaque which is presented during the Phi Lambda Sigma awards event in conjunction with the APhA annual meeting. Additionally their name will appear on the perpetual plaque maintained at the Phi Lambda Sigma national office. The award recipient will be given the opportunity to make a brief address during the awards event.

Deadline: **January 31st** annually.

Please remember to encourage your chapter to nominate students and practitioners for these awards. If you have any other questions, please visit the national website or contact the national office!

"Nothing can make you inferior without your consent."

~Eleanor Roosevelt



National Office

Executive Director:
Mary Euler, PharmD

UMKC School of Pharmacy
102 Katz Pharmacy Building
5005 Rockhill Road
Kansas City, MO 64110-2499

Phone: (816)-235-1738

Fax: (816)-235-5190

Laurel Submission:

Aleshea Schultz
Please send any
Articles to:
Member_at_large@
Philambdasigma.org

PLS PRODUCTS

- ° PLS Long Sleeve T-shirt: \$20.00
 - ° PLS Short Sleeve T-Shirt: \$15.00
 - ° PLS Sweatshirt: \$25.00
 - ° PLS Hats: \$15.00
 - ° PLS Mugs: \$10.00
 - ° Graduation Cords: \$7.00
- Please place orders at anytime, the merchandise will be shipped within 2 weeks of receipt of orders.

**FOR MORE INFORMATION,
PLEASE CONTACT THE PHI
LAMBDA SIGMA NATIONAL
OFFICE OR VISIT OUR WEBSITE AT
THE PRODUCT LINE LINK**

Contact the PLS National Office, if your local chapter would like a product sample package!

