

October 2003
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Laurel

Phi Lambda Sigma

To foster and recognize leaders and support leadership commitment

Edited by: Kristie Small

A Word from National: Welcome Back

The Phi Lambda Sigma executive committee would like to welcome each of our fellow society members back for a fun and exciting year. We all got together over the summer to plan for the up coming year. Listed below are just a few challenges we plan on tackling this year.

- Publication of a “Helpful Hints for leadership Hurdles” brochure to be sent out to all chapters.
- Increase the Phi lambda Sigma family of Chapters, by promoting at MRM, ASHP mid-year, and APhA annual meetings.
- Improving the Phi Lambda Sigma website. Take a look at www.philambdasigma.org. See what’s new.
- Increase our alumni database
- Chapter outreach

Look for these and many more interesting challenges in each issue of the Laurel, www.philambdasigma.org, and at your local chapters.

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2002-2003 National Officers



- Executive Director: Mary Euler, PharmD
- President: Leslie White, PharmD
- President-Elect: Cathy Worrall, PharmD
- Immediate Past President: Valerie Prince, PharmD
- Speaker of the House: Jillian James, PharmD Candidate
- Member-at-Large: Kristie Small, PharmD Candidate
- Treasurer: Alan Spies, RPh, JD, MBA
- Parliamentarian: Jeff Douglas, PharmD
- Administrative Assistant: Rene Horne




PLS Welcomes Three New Chapters

Over the past few years, it has been one of PLS's long term goals is to form PLS chapters in all Colleges of Pharmacy. The executive committee would like to inform you about the schools that will soon be joining our PLS family of chapters.

- University of New Mexico
- Nevada College of Pharmacy
- Loma Linda University

Chartering of these chapters is set for the fall semester. One of the executive committee members will personally be at the chartering ceremony to assist with initiation. Congratulations and thanks to the chapter founders and advisors for PLS at their campuses.



“Don't tell people how to do things, tell them what to do and let them surprise you with their results”.
George S. Patton


Get ready for:

ASHP Midyear Meeting

PLS would like to invite you to stop by the Phi Lambda Sigma Booth at the ASHP meeting in December. Several of the executive officers and many other society members will be there to speak with those who stop by. PLS would like to ask our alumni members to please add their information into our database, which will be on hand at our booth. We look forward to seeing you there.

APhA-ASP MRM

Fall is a busy time for all of us and we are busy planning the PLS activities scheduled for the APhA-ASP Midyear meetings in each region. As in past years, PLS will have a booth in the Career and Residency Expo with lots of information available about chapter activities, awards, products and running for office. Remember to wear your pin to be eligible for a free gift. Please stop by and take a look.



“Blessed is the leader who seeks the best for those he serves”.

- Region 1 Providence RI Oct 31-Nov 2
- Region 2 Washington DC Oct 17-19
- Region 3 Gainesville FL Oct 17-19
- Region 4 Lexington KY Oct 31-Nov 2
- Region 5 Des Moines IA Nov 7-9
- Region 6 Austin TX Oct 17-19
- Region 7 Portland OR Nov 7-9
- Region 8 Las Vegas NV Oct 31-Nov 2



Member Spotlight: Executive Committee

The executive committee consists of eight members who are devoted to the progression of leadership within the profession of pharmacy. Over the next year, The Laurel will be introducing you to your national executive committee members.

Up first we have our Executive Director Mary Euler, Pharm D. Mary Euler is the Assistant Dean of the University of Missouri-Kansas City (UMKC) School of Pharmacy. Since 1988 she has served as the Director of Experiential Programs where she oversees the required clinical field instruction and ASL for pharmacy students. She also co-coordinates the required pharmacy communications course and provides lectures in immunization therapies.

She is the 1997 recipient of the APhA-ASP “Outstanding Advisor Award”, the 1997 and 1998 UMKC “Student Advisor of the Year”, and the 1999 Missouri Pharmacy Association “Pharmacist Making a Difference Award” and the 2003 American Pharmacists Association Gloria Neimeyer Francke Leadership Mentor Award. She is a member of many national organizations and is past-president of the Midwest Pharmacy Conference.

Mary currently serves as the interim Executive Director of the UMKC Pharmacy Foundation and has served for 11 years as secretary. In 1999 she was appointed the Executive Director of Phi Lambda Sigma, the national Pharmacy leadership society.

Mary is active in many community service organizations including Project Outreach, the Keith Worthington Chapter of the ALS

Association Board of Directors and provides medication consultation to the elderly and under-served residing in the Kansas City metropolitan area.

Our Last National Officer to be introduced is our Speaker of the House, Jillian James Pharm D Candidate. Jillian James has been elected as PLS’s National Speaker of the House of Delegates. Jillian is from Moss Point, Mississippi and attended the University of Southern Mississippi for her pre-pharmacy curriculum. She then received her B.S. in Pharmaceutical Sciences from the University of Mississippi Pharmacy School and is currently pursuing her doctorate of pharmacy as a sixth year Pharm D student.

After serving as her class president, ASP vice president operations, and KE officer, Jillian was initiated into PLS during the spring of her first year in pharmacy school. She continued to involve herself at Ole Miss as Student Body President of the Pharmacy School, Honor Council Chair, and an ASP external vice president during her second and third professional years of pharmacy school. During her last, year of pharmacy school, Jillian will serve as the 2003-2004 class president working to continue communication in a class spread around the state participating in rotations.

Jillian is excited about the year to come and looks forward to working with the other officers as well as chapters around the nation.



Tune in next month for more information on your National Executive Committee officers and many other member profiles.



“Let your hope keep you Joyful.”



“When you make a decision, use your head as well as your heart.”

Recognize your chapter member’s contributions to the profession.



Regional Liaison Contact List

REGION 1:

Name: John Denio, MS
Advisor
email: denioj@acp.edu
Address: Union Univ. 106 New
Scotland Ave, Albany, New York 12208
Chapter/School: Omicron at Albany
College of Pharmacy

REGION 5:

Name: Teresa Seefeldt
Student
email: tmseefeldt@yahoo.com
Address: 4301S. Solberg #9, Sioux
Falls, SD 57106
Chapter/School: Alpha Kappa at South
Dakota State University



*A man can succeed
at anything for which
he has unlimited
enthusiasm'*
Charles m. Schwab

REGION 2:

Name: Martha Adkins
Student
email: madkins@su.edu
School address: 211 Woodberry
Lane, #191, Winchester, VA 22601
Chapter/School: Beta Phi at
Shenandoah University

REGION 6:

Name: Brenna Button, Pharm D
Alumnus
Email: buttonbj@aol.com
Address: 1508 Maywood,
Independence, MO 64052
Chapter/School: Beta Eta at UMKC



*"Doing the best at
this moment puts
you at the best place
for the next moment"*
Oprah Winfrey

REGION 3:

Name: Lance McLeroy
Student
email: mclerolw@musc.edu
School address: 22 ½ Church Street,
Charleston, SC 29401
Chapter/School: Beta Chi at MUSC

REGION 7:

Name: Nanci L. Murphy
Advisor
email: murphyna@u.washington.edu
Address: University of Washington, Box
357631, Health Sciences Bldg. H-362,
Seattle, WA 98195-7631
Chapter/School: Beta Gamma at
University of Washington

REGION 4:

Name: Janelle Sabo, Pharm D
Alumnus
email: jsabo@lilly.com
Address: 715 Hohlier Lane, Avon, IN
46123
Chapter/School: Beta Eta at UMKC

REGION 8:

Name: Berry Bleidt, PharmD.
Alumnus
email: bleidtb@rx.llu.edu
Address: 11262 Campus Street, West
Hall, Loma Linda, CA 92350
Chapter/School: Loma Linda University



*"The very essence of leadership
is that you have to have vision.
You can't blow an uncertain
trumpet".*
Theodore M. Hesburg



Upcoming Awards..... Information and Deadlines



Founder's Scholarship

In 2003 PLS gave away the first \$500 scholarship for leadership award. Each chapter may nominate, to the National office, one member who they feel shows strong leadership skills. This may be leadership in the profession of pharmacy and/or leadership in the community through pharmacy or philanthropic activities. Nomination forms will be available on the web site in October or at the Mid-year meetings. All nominations must be submitted to the National Office by **January 31st** of each year. The winner will be chosen by the Executive Committee and the Regional Liaisons. Presentation of the Scholarship will be at the Annual Meeting.

Chapter Member of the Year

The "Chapter Member of the Year" award is available to one student member from each chapter on an annual basis. This individual is chosen by their respective chapter based on contributions to pharmacy leadership. Although no formal nomination materials are required to be submitted to the national office, please fill in and return the form available on the web site for your chapter recipient to be eligible to receive an official certificate. Your chapter may present the certificate at any time throughout the year, however if the completed form is received by **February 15th**, the name of your recipient will be listed in the program of Phi Lambda Sigma events at the annual House of Delegates meeting

Chapter of the Year

Phi Lambda Sigma is offering an award to a "Chapter of the Year". We would like for all chapters to participate, even if you are new. Sometime this semester we will post an application on our website that will need to be filled out. We just want to let all members and officers know about this award now so you can start keeping track of everything your chapter participates in, sponsors, etc. Keep in mind member activity, community service, leadership service, and alumni relations. Please start taking pictures of the events you take part in, for it will help make your "portfolio" stand out!! Even though there will only be one award, we recognize that you all have outstanding chapters and by striving to be "Chapter of the Year", this will only make you better!

Leadership Challenge

The Leadership Challenge now focuses on the mission of Phi Lambda Sigma: recognizing and promoting leadership in the profession. The Phi Lambda Sigma Executive Committee encourages all chapters to submit a proposal for a \$500 grant to carry out a project promoting leadership and the profession of pharmacy. At least one grant will be awarded yearly. Proposals must be submitted to the National Office by **January 31st** of each year.

AFPE First Year Graduate Scholarship

The purpose of this award is to encourage outstanding Phi Lambda Sigma members to pursue the Ph.D. in a college of pharmacy graduate program. To be eligible an applicant must be in the final year of a pharmacy B.S. or PharmD. program, and be a member of Phi Lambda Sigma. U.S. citizenship or permanent resident status is required. One scholarship is awarded annually, the deadline is **February 17th**.

Phi Lambda Sigma –Procter & Gamble National Leadership Award

This award sponsored by Procter and Gamble is given annually to an individual who has exemplified leadership qualities in support of the pharmacy profession. The individual chosen must have a proven track record of servant leadership in any one or more of the following areas; education, association work, community service, professional practice or mentoring. The individual need not be a pharmacist or a current member of Phi Lambda Sigma. Honorary membership will be bestowed upon non-member recipients. The deadline is **January 31st**.



**Go to the Phi Lambda Sigma website to
download more information and applications.
www.philambdasigma.org**



Chapter Activities Time Line

August

- Make sure your chapter submitted a report of their activities from last year to national
- Update your chapter officer/advisor list with national

September

- Regional Liaison applications are due

October-November

- Make arrangements for your chapter members to attend MRM and visit with PLS members from other schools, regional liaisons and members of the executive committee. Remember to wear your pin!

January

- Applications are due for the AFPE First Year Graduate Scholarship
- Applications are due for the PLS Procter and Gamble Leadership Award

February

- Applications are due for the Leadership Challenge
- Applications are due for Chapter Member of the Year

March

- Make arrangements for members to attend the APhA/ASP Annual Convention in New Orleans

May

- Submit new officer /advisor lists
- Submit chapter reports

“When you make a decision, use your head as well as your heart.”



Recommended Reading List...

Last October we presented our first recommended reading list. This issue would like to add a few books to that list. If you have a favorite leadership related book, email your information to the editor and it can be included in our list.

We see possibilities in others, but do we ever dream of the possibilities within ourselves?”



- **21 Indispensable Qualities of a Leader – John C. Maxwell**
- **Developing the leader within you – John C. Maxwell**
- **Who Moved my cheese – Spencer Johnson**
- **Falling Forward: How to Make the most of your Mistakes – John C. Maxwell**
- **Gung Ho! Turn on the people in any organization - Kenneth Blanch**



Chapter Summaries

Beta Psi Chapter (Wilkes University Nesbitt School of Pharmacy)

Seven members were accepted into Beta Psi Chapter. As a new chapter, we are continually striving to uphold the Bylaws of Phi Lambda Sigma. In our chapter we have exemplary leadership qualities encompassed with well-rounded individuals. To express what Phi Lambda Sigma stands for, our chapter is currently working on a web site and bulletin board. We also helped other organizations organize a pharmacy fair in our school. The pharmacy fair is a wonderful opportunity for networking and learning what many pharmacies can offer.

Alpha Upsilon (Drake University)

Phi Lambda Sigma members are very active within their community and college. Our members have teamed up with the other organizations on campus such as Phi Delta Chi, Kappa Psi and DRUGS to participate in many activities including charity walks, nursing home visits, faculty breakfasts, Murder Mysteries, and donation booths to aid the US troops and various foundations such as the Leukemia and Cancer societies.

Phi (University of Southern California)

This year, we not only continued to organize a CV/Resume and interview skills workshop for the pharmacy students, we also invited various leaders of the pharmacy profession to come speak to the students. We had speakers from the community setting, in-patient setting, HMO setting, as well as

the pharmaceutical industry setting, come educate our students about the diverse pharmacy professions and what one needs to know in their preparation for a internship, residency, or future career. The program was a great success with more than 100 students in attendance.

Beta Omicron (university of Buffalo SOP&PS)

The current members and new initiates, both individually and as a whole contribute a great deal to the SUNY at Buffalo, School of Pharmacy. Most members, if not all, hold class offices and participate in the School of Pharmacy Student Association. Each member possesses individual accomplishments and is very worthy of their membership to Phi Lambda Sigma. The new initiates of the Beta Omicron Chapter will be hosting a presentation for the pre-pharmacy students at SUNY at Buffalo. This presentation will introduce and encourage incoming students to get involved with the numerous organizations that the school of pharmacy has to offer.

Remember to send in your chapter's activities and updates so that they can be published in the Laurel. We love to hear from all of you and it is a great way to advertise your many innovative activities and to learn what other chapters are doing.

THINGS TO REMEMBER

- Update your chapter officer/advisor list with National Office every time there is a change.
- Establish permanent records of your current and past members- students, faculty, alumni and honorary. Be sure and include email and mailing addresses.
- Submit your Chapter Report.
- Stay in contact with your Regional Liaison and the Executive Committee.
- Have your chapter's website linked to the National PLS website.
- Check out the PLS website regularly for updates, forms, chapter information, and deadlines.
- Wear your PLS pin and show your pride.



“You do not lead by hitting people over the head - that's assault, not leadership.”

Dwight D. Eisenhower



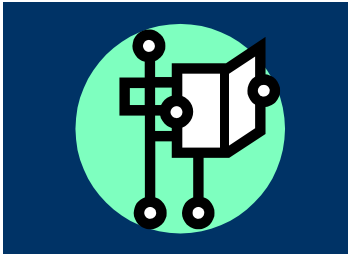
“The only safe ship in a storm is leadership.”

Faye Wattleton



“A leader must have the courage to act against an expert's advice.”

James Callaghan



National Office

Executive Director:
Mary Euler, PharmD

UMKC School of
Pharmacy
5005 Rockhill Rd. 106A
Kansas City, MO 64110

Phone: 816-235-1738

Fax: 816-235-5190



We're on the Web!

See us at:

www.philambdasigma.org

Products

- PLS Long Sleeve T-shirt \$20.00
- PLS Short Sleeve T-shirt \$15.00
- PLS Sweatshirt \$25.00
- PLS Golf Shirt \$30.00
- PLS Hats \$15.00
- PLS Pen \$5.00
- PLS Mugs \$10.00
- Graduation Cords \$7.00
- For more information, please contact the Phi Lambda Sigma National Office or visit products on the Phi Lambda Sigma website at www.philambdasigma.org.
- PRODUCT BROCHURE AVAILABLE ON WEBSITE

- Members are invited to place orders at anytime; merchandise will be shipped within 2 weeks of receipt of orders. Alumni members may place separate orders and will receive their orders within 2 weeks of receipt of orders.



About Our Organization...

The purpose of Phi Lambda Sigma, also known as the National Pharmacy Leadership Society, is to promote the development of leadership qualities, especially among pharmacy students. By peer recognition, the Society encourages participation in all pharmacy activities. Since membership crosses fraternal and organizational lines, the Society does not compete with other pharmacy organizations. Phi Lambda Sigma is

complementary to Rho Chi in that it honors leadership, while Rho Chi honors scholastic achievement. Members are selected by peer recognition. No greater honor can be bestowed upon an individual than to be recognized as a leader by one's peers. Such recognition instills and enhances self-confidence, encourages the less active student to a more active role and promotes greater effort toward the advancement of pharmacy.